

A RECIPE FROM BACK HOME FARMS

## ingredients

- 1 lb. Back Home Farms ground lamb
- 1/4 cup minced red onion
- 2 cloves garlic, minced
- 1 tsp. salt
- 1 tsp. black pepper
- 1 1/2 tsp. cumin
- 1/4 tsp. nutmeg
- 1 tsp. dried oregano
- · 2 tsp. fresh lemon juice

## Tzatziki Sauce

- 1/2 cucumber
- 1/2 cup plain yogurt
- 1 tablespoon lemon juice
- 1 tablespoon olive oil
- 1 teaspoon dried dill
- dash of garlic powder, pepper, and salt

## directions

- Add all ingredients to a large bowl.
- Using your hands, mix until well-combined, being careful not to overwork the meat.
- Form into 4 patties that fit the size of the pita bread you are using.
- Pan fry over medium heat, about 5 minutes per side, until cooked through.
- Serve on pita bread or bun with cucumber slices, tomato and tzatziki sauce.
- Peel cucumber, cut in half the long way, and use a spoon to scoop out the seeds. Finely dice cucumber
- In a small bowl add diced cucumber, yogurt, lemon juice, olive oil, dill, and spices.
- Mix together until combined.
- Refrigerate until ready to serve.

<sup>\*\*</sup>adapted from A Healthy Slice of Life website